

Suggested Idaho Match Warm-up for Dual Matches

Timing	Protocol
60 minutes before start of match	Court setup by host management
No less than 20 minutes before the match	Shared court, home team establishes side of the court. Both teams can utilize their half of the court, with no balls crossing over the net.
No later than 30 minutes prior to start of match	Officials arrive on court in uniform
No later than 20 minutes prior to start of match	Assistant officials such as: scorer, timer, tracker and line judges will report to the first referee
Prior to timed warm-ups	Prematch conference with coaches and captains. Visiting team calls the coin toss. Roster are due at this time.
14 minutes before game time	The timed warm-up begin with the visiting team on full court. This time includes serving.
14 minutes before the game time	The home team or off team can help shag balls but they need to remain off the court or at their bench. They can utilize an auxiliary gym if available.
When 7:15 minutes is on the clock	The official will sound a double whistle as a warning
No later than 2 minutes prior to the end of the timed warm-up	Lineups are due
7:00 on the clock	The horn will sound, the home team now takes the court for 7 minutes. Time includes serving.
:15 seconds remaining on the clock	The R2 sounds a double warning whistle
:00	The horn will sound to end warm-up
Timed warm-up ends	R1 and L J1 stand to the right of the referees stand. R2 and L J2 stand to the right side of the pole, on the sideline between the centerline and attack line. See page 67 Manual for details. All team players or starters, line up on the end lines. Announcements, National Anthem, and Introductions.
After Introductions and/or National Anthem	The R1 whistles and beckon both teams onto the court. R1 takes position on the referee's stand. R2 uses the lineup card not the scoresheet to verify the receiving team, serving team and roll the ball to the server. Details on page 68 Manual